



KINTSUGI WORKSHOP

What is Kintsugi?

Kintsugi is a traditional Japanese restoration technique. It involves repairing broken bowls with Urushi (Japanese Lacquer), then painting them with gold, silver and vermilion.

The concept is the acceptance of scars as history and the creation of new balance or new life. Kintsugi is a metaphor for embracing your flaws and imperfections. Accepting imperfections helps us to break free from the obsession of perfectionism which causes unnecessary stress. Often the pieces repaired by Kintsugi are stronger and more beautiful than the original. The philosophy of Kintsugi implies that we can become stronger and more beautiful in the process, even after tough time of your life.

The American Women`s Club special price

Fee: €35 pp included a (broken) plate.

Time: 3.5hour

Minimum :3 people

Maximum: 6 people

<https://japanworkshopnet.com>

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